



EVERYDAY HERO

The group or individual to be inspired to do things differently



ORDINARY WORLD

The everyday world which is increasingly frustrating for our hero to live in



BETTER WORLD

The positive change to the hero and the difference the hero has made



CROSSING THE THRESHOLD

The first step and point of no return



MENTORS AND GIFTS

Giver of wisdom and support



CALL TO ADVENTURE

The trigger for change which could be the pull of inspiration or the push of necessity



ALLIES AND GIFTS

The people and help that is needed for change to happen



COMPELLING VILLIAN

An attention-grabbing manifestation of the selfish behaviour that stands in the way of change



THREE CHALLENGES

Three difficult but confidence-building hurdles to be overcome